## PERSONALITY

MICHELLE LEVINE APRIL 4, 2023

## MICHELLE LEVINE, PHD

#### A bit about me...

- As an undergrad, studied psychology and computer science
- Decided to pursue a graduate degree in clinical social work
- Worked inpatient psychology
- Then went back to school to focus on cognitive psychology / psycholinguistics
  - During this time worked at AT&T labs in their human factors department
- Barnard Department of Psychology, now at Columbia Department of Computer Science
- Cross-disciplinary research: AirForce & Tow Center
- Currently teaching Empirical Methods of Data Science

## AGENDA

What is personality? Can we automatically detect personality? Does big data help improve predictions?

# Thínk about someone you know well.

Write down how you would describe this person to others. Use as many words/phrases as necessary to fully describe the person.

## WHAT IS PERSONALITY?

This is about who you are – your characteristic style of behaving, thinking, and feeling.

#### How can we assess differences in personality?

- 4 main approaches in psychology:
  - Trait
  - Psychodynamic
  - Humanistic
  - Social-Cognitive

## WHAT IS PERSONALITY?

This is about who you are – your characteristic style of behaving, thinking, and feeling.

#### How can we assess differences in personality?

- 4 main approaches in psychology:
  - Trait
  - Psychodynamic
  - Humanistic
  - Social-Cognitive

## TRAIT APPROACH

#### Personality = a combination of traits

Assumes:

- People differ from each other in (relatively) stable ways.
- Traits are consistent ways of behaving and therefore can predict future actions.

Attempts to find a taxonomy (classification scheme) for core traits that define personality.

## DIMENSIONS OF PERSONALITY

#### Traits are grouped into **dimensions of personality**

• Thus, personality is thought of as a combination of separate dimensions (as opposed to types).

#### How were the dimensions determined?

- 18,000 words for potential traits (Allport & Odbert, 1936)
- Goal: sorted words into underlying groups/dimensions
- Used both self-report and informant data to measure personality.

## DETERMINING CORE TRAITS



*Psychology*, 8/e Figure 15.2 © 2011 W. W. Norton & Company, Inc.

## THE BIG FIVE

Openness to experience Conscientiousness Extraversion Agreeableness Neuroticism

Table 12.2 The Big	Five Factor Model					
Conscientiousness	organized······disorganized careful·····careless self-disciplined·····weak-willed					
Agreeableness	softhearted · · · · · · · ruthless trusting · · · · · · suspicious helpful · · · · · · uncooperative					
Neuroticism	worried · · · · · · calm insecure · · · · · secure self-pitying · · · · · self-satisfied					
Openness to experience	imaginative · · · · · down-to-earth variety · · · · · · · · · · · · routine independent · · · · · · conforming					
Extraversion	social · · · · · · · · · · · · retiring fun loving · · · · · · · · · · · sober affectionate · · · · · · · reserved					
Source: McCrae & Costa, 1999, 1990.						

## QUESTIONS ABOUT THE BIG FIVE

#### How stable are the traits?

- Change over development
- Stable in adulthood

#### How heritable are they?

- ~50% for each trait (.40 to .55 heritability)
  - Influence of temperament?
  - Other factors, ie, in extraversion

#### How about other cultures?

- Traditionally traits are thought to be common across cultures
- But research has shown cultural differences in personality

## WHERE ARE THE MORE "NEUROTIC" PLACES TO LIVE?



© 2011 W. W. Norton & Company, Inc.

## ARE TRAITS TRULY CONSTANT?

## **Personality paradox:** people often behave less consistently than expected

- Person-Situation Controversy (e.g., Mischel 1968; 1984; 2004)
  - Part of the explanation for this paradox is the power of the situation

#### Counter-argument:

- Trait theorists argue that behaviors from a situation may be different, but average behavior remains the same
- Therefore, traits matter

#### One solution? Consistency of behavior as a trait

- Interaction between personality and situations
  - Situations interact with individual differences
- Some people are more consistent in their behaviors—the Self-Monitoring Scale

## TRAITS VS STATES

#### **Personality traits** = consistent; stable

**Personality states** = transient; variable

## States are linked to traits but range based on other factors

- Ie, extraverted behavior vs extraversion
- Ie, anger vs hot-headed

#### Where do emotions play a role?

- This gets tricky as emotions are transient and often called a state!
- Focus of research is on how personality impacts emotions

## ASSESSING TRAITS

**Personality inventories:** questionnaires (often with true-false or agree-disagree items) designed to gauge a wide range of feelings and behaviors assessing several traits at once

The Minnesota Multiphasic Personality Inventory (MMPI) is the most widely researched and clinically used of all personality tests.

## NEO-FFI

Short questionnaire to assess the big 5 traits Widely used in research 60 items (12/trait)

- Likert scale
- SD (strongly disagree) SA (strongly agree)
- 0 4

#### Example questions:

- When I'm under a great deal of stress, sometimes I feel like I'm going into pieces.
- I usually prefer to do things alone.

### TIPI

Newer, even shorter questionnaire to assess the big 5 traits Starting to be used in research 10 items (2/trait) Likert scale • 1-7

• 1 = Disagree strongly; 7 = Agree strongly

#### TEN-ITEM PERSONALITY INVENTORY-(TIPI)

Here are a number of personality traits that may or may not apply to you. Please write a number next to each statement to indicate the extent to which you agree or disagree with that statement. You should rate the extent to which the pair of traits applies to you, even if one characteristic applies more strongly than the other.

- 1 = Disagree strongly
- 2 = Disagree moderately
- 3 = Disagree a little
- 4 = Neither agree nor disagree
- 5 = Agree a little
- 6 = Agree moderately
- 7 = Agree strongly

I see myself as:

- 1. \_\_\_\_\_ Extraverted, enthusiastic.
- 2. \_\_\_\_\_ Critical, quarrelsome.
- 3. \_\_\_\_\_ Dependable, self-disciplined.
- 4. \_\_\_\_\_ Anxious, easily upset.
- 5. \_\_\_\_\_ Open to new experiences, complex.
- 6. \_\_\_\_\_ Reserved, quiet.
- 7. \_\_\_\_\_ Sympathetic, warm.
- 8. \_\_\_\_\_ Disorganized, careless.
- 9. \_\_\_\_\_ Calm, emotionally stable.
- 10. \_\_\_\_\_ Conventional, uncreative.

TIPI scale scoring ("R" denotes reverse-scored items): Extraversion: 1, 6R; Agreeableness: 2R, 7; Conscientiousness; 3, 8R; Emotional Stability: 4R, 9; Openness to Experiences: 5, 10R.

### IPIP

International Personality Item Pool

Public and open source of personality inventory items

Ie, For testing for the 5 factors, IPIP-NEO has a 300 items and a 120 item version

## ASSESSING PERSONALITY STATES

Traditionally scores gathered using daily diary or experience sampling

- But no gold-standard measurement to date
- Although recent research has shown advancements using using digital traces from wearable devices, smartphone sensor data, etc

## AUTOMATIC PERSONALITY DETECTION

#### Automatic Personality Detection (APD)

Research has examined a multitude of cues for determining traits:

- Written language
- Nonverbal vocal behaviors
- Spoken/conversational language

#### And from a multitude of sources:

• Facebook, Twitter, blogs, general language use

#### **Useful for:**

 Marketing, adaptive/personalized systems, detecting deception/sarcasm/irony, predicting task/job success

## DETECTION WITH WRITTEN LANGUAGE

#### Written language use $\rightarrow$ personality

Pennebaker and King (1999), Linguistic styles: Language use as an individual difference

- Stream-of-conscious essays
- Big 5 personality assessment
- Lexical features (LIWC)
- Findings, ie.,
  - Agreeableness
    - more positive emotion words
    - fewer negative emotion words
    - fewer articles
    - more first-person

Ί	а	bl	le	6

	Five-factor dimension						
LIWC factor	Neuroticism	Extraversion	Openness	Agreeableness	Conscientiousness		
Immediacy	.10*	.04	16**	.07*	02		
First-person singular	.13**	.04	13**	.07*	.01		
Articles	09*	09*	.13**	15**	04		
Words of more than 6 letters	03	04	.16**	03	.06		
Present tense	.06	.01	~.15**	.04	.00		
Discrepancies	.05	03		02	07*		
Making Distinctions	.05	14**	.06	05	13**		
Exclusive	.00	08*	.10*	06	08*		
Tentativity	.06	14**	.11**	02	06		
Negations	.05	12**	.00	04	15**		
Inclusive	01	.07*	.01	.03	.06		
The Social Past	.04	.00	.08*	02	04		
Past tense	.03	.04	03	.06	06		
Social	01	.12**	.02	.00	.02		
Positive emotion	~.13**	.15**	06	.07*	.07*		
Rationalization	06	.02	03	.07	.04		
Insight	.03	02	.07*	.05	01		
Causation	.03	08*	08*	.00	07*		
Negative emotion	.16**	08*	.05	07*	15**		

LIWC Factors and Simple Correlations With Five-Factor Scores

## DETECTION WITH SPOKEN LANGUAGE

Can we assess personality from what is said and/or how it is said?

E.g., Mairesse & Walker (2006)

- Can personality be recognized automatically in conversation?
- Data (previously collected by Mehl & Pennebaker):
  - Daily life conversations, collected and transcribed
  - Personality ratings from 5-7 independent observers
- Features/analyses:
  - 5-7 judges of personality
  - LIWC (linguistic features)
  - MRC psycholinguistic database
  - Utterance type (ie, commands, back-channels)
  - Praat (pitch, intensity, speech rate)

## RESULTS

Feature set	All	LIWC	MRC	Type Pros	
Set size	117	88	14	4 11	
Extraversion	0.35.	0.36•	0.45	0.55 0.26	•
Emot. stability	0.40	0.41	0.39	0.43 0.45	
Agreeableness	0.31	0.32.	0.44	0.45 0.54	
Conscientious.	0.33	0.36.	0.41 •	0.44 0.55	
Intellect	0.38.	0.37.	0.41	0.49 0.44	

 statistically significant improvement over the random ordering baseline (two-tailed paired t-test, p < 0.05)</li>

## **RESULTS: SPECIFIC FEATURES**

#	Extraversion		Emotional stability		Agreeableness		Conscientiousness		Intellect	
	with prosody	$\alpha$	with MRC	lpha	with all	$\alpha$	with all	$\boldsymbol{\alpha}$	with LIWC	$\alpha$
1	Word-per-sec $\geq 0.73$	1.43	Nlet $\geq 3.28$	0.53	Nphon $\geq 2.66$	0.56	$Occup \ge 1.21$	0.37	$Colon \ge 0.03$	0.49
2	Pitch-mean $\geq$ 194.61	0.41	T-L-freq $\geq 28416$	0.25	Tentat $\geq 2.83$	0.50	Insight $\geq 2.15$	0.36	Insight $\geq 1.75$	0.37
3	Voiced $\geq 647.35$	0.41	Meanc $\geq$ 384.17	0.24	$Colon \ge 0.03$	0.41	Posfeel $\geq 0.30$	0.30	$Job \ge 0.29$	0.33
4	Word-per-sec $\geq 2.22$	0.36	$AOA \ge 277.36$	0.24	$Posemo \ge 2.67$	0.32	Int-stddev $\geq 7.83$	0.29	Music $\geq 0.18$	0.32
5	Voiced $\geq$ 442.95	0.31	K-F-nsamp $\geq 322$	0.22	Voiced $\geq 584$	0.32	Nlet $\geq 3.29$	0.27	Optim $\geq 0.19$	0.24
6	Pitch-max $\geq$ 599.88	0.30	Meanp $\geq 654.57$	0.19	Relig $\geq 0.43$	0.27	$\text{Comm} \ge 1.20$	0.26	Inhib $\geq 0.15$	0.24
7	Pitch-mean $\geq 238.99$	0.26	$Conc \ge 313.55$	0.17	Insight $\geq 2.09$	0.25	Nphon $\geq 2.66$	0.25	Tentat $\geq 2.23$	0.22
8	Int-stddev $\geq 6.96$	0.24	K-F-ncats $\geq 14.08$	0.15	Prompt $\geq 0.06$	0.25	Nphon $\geq 2.67$	0.22	$Posemo \ge 2.67$	0.19
9	Int-max $\geq 85.87$	0.24	Nlet $\geq 3.28$	0.14	$Comma \ge 4.60$	0.23	Nphon $\geq 2.76$	0.20	Future $\geq 0.87$	0.17
10	Voiced $\geq 132.35$	0.23	Nphon $\geq 2.64$	0.13	Money $\geq 0.38$	0.20	$K$ -F-nsamp $\geq 329$	0.19	Certain $\geq 0.92$	0.17
11	Pitch-max $\geq 636.35$	-0.05	$Fam \ge 601.98$	-0.19	Fam ≥ 601.61	-0.16	Swear $\geq 0.20$	-0.18	Affect $\geq 5.07$	-0.16
12	Pitch-slope $\geq$ 312.67	-0.06	Nphon $\geq 2.71$	-0.19	Swear $\geq 0.41$	-0.18	WPS $\geq 6.25$	-0.19	Achieve $\geq 0.62$	-0.17
13	Int-min $\geq$ 54.30	-0.06	$AOA \ge 308.39$	-0.23	Anger $\geq 0.92$	-0.19	Pitch-mean $\geq 229$	-0.20	Othref $\geq 7.67$	-0.17
14	Word-per-sec $\geq 1.69$	-0.06	Brown-freq $\geq 1884$	-0.25	Time $\geq 3.71$	-0.20	Othref $\geq 7.64$	-0.20	$I \ge 7.11$	-0.19
15	Pitch-stddev $\geq 115.49$	-0.06	$Fam \ge 601.07$	-0.25	Negate $\geq 3.52$	-0.20	Humans $\geq 0.83$	-0.21	WPS $\geq 5.60$	-0.20
16	Pitch-max $\geq 637.27$	-0.06	K-F-nsamp $\geq 329$	-0.26	Fillers $\geq 0.54$	-0.22	Swear $\geq 0.93$	-0.21	Social $\geq 10.56$	-0.20
17	Pitch-slope $\geq 260.51$	-0.12	Imag $\geq$ 333.50	-0.27	Time $\geq 3.69$	-0.23	Swear $\geq 0.17$	-0.24	You $\geq 3.57$	-0.21
18	Pitch-stddev $\geq 118.10$	-0.15	Meanp $\geq 642.81$	-0.28	Swear $\geq 0.61$	-0.27	Relig $\geq 0.32$	-0.27	Incl $\geq 4.30$	-0.33
19	Int-stddev $\geq 6.30$	-0.18	K-F-ncats $\geq$ 14.32	-0.35	Swear $\geq 0.45$	-0.27	Swear $\geq 0.65$	-0.31	Physcal $\geq 1.79$	-0.33
20	Pitch-stddev $\geq$ 119.73	-0.47	$Nsyl \ge 1.17$	-0.63	WPS $\geq 6.13$	-0.45	Int-max $\geq$ 86.84	-0.50	Family $\geq 0.08$	-0.39

## PERSONALITY AND SOCIAL MEDIA

Recent work focuses on personality detection from:

- Blogs, Twitter, Facebook
- Instagram, Snapchat
- Browser history, transactional data, wearable devices

#### Must consider:

- Source of data: purpose of platform; purpose of user
- Ethics: consent; user-expectations
- le, Cambridge Analytica

## COMPUTER VS HUMAN JUDGMENTS

#### Computer models from meta-data are found to be more accurate than human judgments (even better than close friends!)

- E.g., Youyou, Kosinski & Stillwell (2015)
  - Assessed accuracy of personality judgments by humans vs computers
  - 3 different criteria:
    - Self-other agreement
    - Interjudge agreement
    - External validity
  - And compared it to scores on the IPIP

## COMPUTER VS HUMAN JUDGMENTS

#### Computer models from meta-data are found to be more accurate than human judgments (even better than close friends!)

- E.g., Youyou, Kosinski & Stillwell (2015)
  - Assessed accuracy of personality judgments by humans vs computers
  - 3 different criteria:
    - Self-other agreement
    - Interjudge agreement
    - External validity
  - And compared it to scores on the IPIP



Repeat 10 times to make judgments for all participants



## COMPUTER VS HUMAN JUDGMENTS

#### 3 different criteria:

- Self-other agreement
- Interjudge agreement
- External validity

And compared it to scores on the IPIP

#### Why?

- More information  $\rightarrow$  increased accuracy
- Statistical modeling  $\rightarrow$  fewer biases

## **META-ANALYSIS**

Azucar, Marengo & Settanni (2017). Predicting the Big 5 Personality Traits from Digital Footprints on Social Media: A Meta-Analysis

Digital footprints → personality traits?

#### • Goals:

- 1) Determine average predictive power of digital footprints on each factor
- 2) Assess impact of different types of data on accuracy

#### Overall findings:

- Digital footprints are able to predict personality
- Better when data from multiple sources, but different sources for different traits
- Sources:
  - Private vs public platforms
  - Demographics
  - User activity stats
  - Language/text vs pictures

## TRAITS (& STATES?) → MARKETING

#### Matz, S.C. & Netzer, O. (2017)

**Research question:** Can big data help predict psychological traits and states and thus help marketing strategy?

**Hypothesis:** Now that vast amount of consumer information is available, consumers' general tendency to think (traits) and how they feel in a particular context (states) can be inferred and thus targeted marketing can improve.



Current Opinion in Behavioral Sciences

"We expect both researchers and practitioners to go beyond the understanding and prediction of psychological states and traits and towards realtime 'optimization' of marketing actions on the basis of these predictions."

## MOST RECENT WORK

Focus on combination of features and type of classification model to improve predictions

- le, word embedding; deep learning models such as BERT
- le, stylistic features

#### Any other ideas? Questions?