IMPLICIT-EXPLICIT VARIATIONAL INTEGRATION OF HIGHLY OSCILLATORY PROBLEMS

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ABSTRACT. In this paper, we derive a variational integrator for certain highly oscillatory problems in mechanics. To do this, we take a new approach to the splitting of fast and slow potential forces: rather than splitting these forces at the level of the differential equations or the Hamiltonian, we split the two potentials with respect to the Lagrangian action integral. By using a different quadrature rule to approximate the contribution of each potential to the action, we arrive at a geometric integrator that is implicit in the fast force and explicit in the slow force. This can allow for significantly longer time steps to be taken (compared to standard explicit methods, such as Störmer/Verlet) at the cost of only a linear solve rather than a full nonlinear solve. We also analyze the stability of this method, in particular proving that it eliminates the linear resonance instabilities that can arise with explicit multiple-time-stepping methods. Next, we perform some numerical experiments, studying the behavior of this integrator for two test problems: a system of coupled linear oscillators, for which we compare against the resonance behavior of the r-RESPA method; and slow energy exchange in the Fermi-Pasta-Ulam problem, which couples fast linear oscillators with slow nonlinear oscillators. Finally, we prove that this integrator accurately preserves the slow energy exchange between the fast oscillatory components, which explains the numerical behavior observed for the Fermi-Pasta-Ulam problem.

1. INTRODUCTION

1.1. **Problem Background.** Many systems in Lagrangian mechanics have components acting on different time scales, posing a challenge for traditional numerical integrators. Examples include:

- (1) *Elasticity:* Several spatial elements of varying stiffness, resulting from irregular meshes and/or inhomogeneous materials (Lew et al., 2003).
- (2) *Planetary Dynamics: N*-body problem with nonlinear gravitational forces, arising from pairwise inverse-square potentials. Multiple time scales result from the different distances between the bodies (Farr and Bertschinger, 2007).
- (3) Highly Oscillatory Problems: Potential energy can be split into a "fast" linear oscillatory component and a "slow" nonlinear component. These problems are widely encountered in modeling molecular dynamics (Leimkuhler et al., 1996), but have also been used to model other diverse applications, for example, in computer animation (Eberhardt et al., 2000; Boxerman and Ascher, 2004).

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Because these systems each satisfy a Lagrangian variational principle, they lend themselves readily to *variational integrators*: a class of geometric numerical integrators designed for simulating Lagrangian mechanical systems. By construction, variational integrators preserve a discrete version of this Lagrangian variational structure; consequently, they are automatically symplectic and momentum-conserving, with good long-time energy behavior (Marsden and West, 2001).

Explicit Methods, Multiple Time Stepping, and Resonance Instability. The Störmer/Verlet (or leapfrog) method is one of the canonical examples of a geometric (and variational) numerical integrator (see Hairer et al., 2003). Yet, it and other simple, explicit time stepping methods do not perform well for problems with multiple time scales. The maximum stable time step for these methods is dictated by the stiffest mode of the underlying system; therefore, the fastest force dictates the number of evaluations that must be taken for *all* forces, despite the fact that the slow-scale forces may be (and often are) much more expensive to evaluate.

To reduce the number of costly function evaluations associated to the slow force, several explicit variational integrators use *multiple time stepping*, whereby different time step sizes are used to advance the fast and slow degrees of freedom. These include substepping methods, such as Verlet-I/r-RESPA and mollified impulse, where for each slow time step, an integer number of fast substeps are taken (Izaguirre et al., 2002). More recently, asynchronous variational integrators (AVIs) have been developed, removing the restriction for fast and slow time steps to be integer (or even rational) multiples of one another (Lew et al., 2003). Multiple-time-stepping methods can be more efficient than single-time-stepping explicit methods, like Störmer/Verlet, since one can fully resolve the fast oscillations while taking many fewer evaluations of the slow forces. This is especially advantageous for highly oscillatory problems, where the slow forces are nonlinear and hence more computationally expensive to evaluate.

One drawback of multiple-time-stepping methods, however, is that they can exhibit *linear resonance instability*. This phenomenon occurs when the slow impulses are nearly synchronized, in phase, with the the fast oscillations. These impulses artificially drive the system at a resonant frequency, causing the energy (and hence the numerical error) to increase without bound. The problem of numerical resonance is well known for substepping methods (Biesiadecki and Skeel, 1993), and has also recently been shown for AVIs as well—in fact, the subset of fast and slow time step size pairs leading to resonance instability is *dense* in the space of all possible parameters (Fong et al., 2007). Resonance instability can therefore be difficult to avoid, particularly in highly oscillatory systems with many degrees of freedom, as in molecular dynamics applications.

Implicit Methods for Single Time Stepping with Longer Step Sizes. Because multiple-time-stepping methods have these resonance problems, a number of single-time-stepping methods have been developed specifically for highly oscillatory problems. As noted earlier, single-time-stepping methods cannot fully resolve the fast oscillations without serious losses in efficiency. Therefore, the goal of these methods is to take long time steps, *without* actually resolving the fast oscillations, while still accurately capturing the macroscopic behavior that emerges from the coupling between fast and slow scales. The challenge is to design methods that allow for these longer time steps, without destroying either numerical stability or geometric structure.

One obvious candidate integrator is the implicit midpoint method, which is (linearly) unconditionally stable, as well as variational (hence symplectic) and symmetric. Unfortunately, the stability of the method comes at a cost: because the integrator is implicit in the slow force, which is generally nonlinear, a nonlinear system of equations must be solved at every time step. Therefore, just like the fully-resolved Störmer/Verlet method, this means that the implicit midpoint method requires an excessive number of function evaluations.

Implicit-Explicit Integration. For highly oscillatory problems, *implicit-explicit* (IMEX) integrators have been proposed as a potentially attractive alternative to either explicit, multiple-time-stepping methods or implicit, single-time-stepping methods. Rather than using separate fast and slow time step sizes, IMEX methods combine implicit integration (e.g., backward Euler) for the fast force with explicit integration (e.g., forward Euler) for the slow force. Because the fast force is linear, this semi-implicit approach requires only a linear solve for the implicit portion, as opposed to the expensive nonlinear solve that would be required for a fully implicit integrator, like the implicit midpoint method.

IMEX methods were developed by Crouzeix (1980), and have continued to progress, including the introduction of IMEX Runge–Kutta schemes for PDEs by Ascher et al. (1997). However, in all of these methods, the splitting is done at the level of the Euler–Lagrange differential equations, rather than at the variational level of the Lagrangian. Consequently, a wide variety of IMEX schemes have been created, both geometric and non-geometric, but in general they cannot guarantee properties such as symplecticity, momentum conservation, or good long-time energy behavior, which automatically hold for variational integrators. As an example of an IMEX integrator that is not "geometric" in the usual sense, consider the LI and LIN methods of Zhang and Schlick (1993), which combine the backward Euler method with explicit Langevin dynamics for molecular systems. In particular, to ameliorate the artificial numerical dissipation introduced by using backward Euler, these methods rely on stochastic forcing to inject the missing energy back into the system.

In this paper, we develop IMEX numerical integration from a Lagrangian, variational point of view. We do this by splitting the fast and slow potentials at the level of the Lagrangian action integral, rather than with respect to the differential equations or the Hamiltonian. From this viewpoint, implicit-explicit integration is an automatic consequence of discretizing the action integral using two distinct quadrature rules for the slow and fast potentials. The resulting discrete Euler–Lagrange equations coincide with a semi-implicit algorithm that was originally introduced by Zhang and Skeel (1997) as a "cheaper" alternative to the implicit midpoint method; Ascher and Reich (1999b) also studied a variant of this method for certain problems in molecular dynamics, replacing the implicit midpoint step by the energy-conserving (but non-symplectic) Simo–Gonzales method.

We also show that this variational IMEX method is free of resonance instabilities; the proof of this fact is naturally developed at the level of the Lagrangian, and does not require an examination of the associated Euler–Lagrange equations. We then compare the resonance-free behavior of variational IMEX to the multiple-time-stepping method r-RESPA in a numerical simulation of coupled slow and fast oscillators. Next, we evaluate the stability of the variational IMEX method,

for large time steps, in a computation of slow energy exchange in the Fermi–Pasta–Ulam problem. Finally, we prove that the variational IMEX method accurately preserves this slow energy exchange behavior (as observed in the numerical experiments) by showing that it corresponds to a modified impulse method.

1.2. **A Brief Review of Variational Integrators.** The idea of variational integrators was studied by Suris (1990) and Moser and Veselov (1991), among others, and a general theory was developed over the subsequent decade (see Marsden and West, 2001, for a comprehensive survey).

Suppose we have a mechanical system on a configuration manifold Q, specified by a Lagrangian $L: TQ \to \mathbb{R}$. Given a set of discrete time points $t_0 < \cdots < t_N$ with uniform step size h, we wish to compute a numerical approximation $q_n \approx q(t_n)$, $n = 0, \ldots, N$, to the continuous trajectory q(t). To construct a variational integrator for this problem, we define a *discrete Lagrangian* $L_h: Q \times Q \to \mathbb{R}$, replacing tangent vectors by pairs of consecutive configuration points, so that with respect to some interpolation method and numerical quadrature rule we have

$$L_h(q_n,q_{n+1})\approx \int_{t_n}^{t_{n+1}}L(q,\dot{q})\,dt$$

Then the action integral over the whole time interval is approximated by the *discrete action sum*

$$S_h[q] = \sum_{n=0}^{N-1} L_h(q_n, q_{n+1}) \approx \int_{t_0}^{t_N} L(q, \dot{q}) dt.$$

If we apply Hamilton's principle to this action sum, so that $\delta S_h[q] = 0$ when variations are taken over paths with fixed endpoints, then this yields the *discrete Euler–Lagrange equations*

$$D_1L_h(q_n, q_{n+1}) + D_2L_h(q_{n-1}, q_n) = 0, \qquad n = 1, \dots, N-1,$$

where D_1 and D_2 denote partial differentiation in the first and second arguments, respectively. This defines a two-step numerical method on $Q \times Q$, mapping $(q_{n-1}, q_n) \mapsto (q_n, q_{n+1})$. The equivalent one-step method on the cotangent bundle T^*Q , mapping $(q_n, p_n) \mapsto (q_{n+1}, p_{n+1})$, is defined by the *discrete Legendre transform*

$$p_n = -D_1 L_h(q_n, q_{n+1}), \qquad p_{n+1} = D_2 L_h(q_n, q_{n+1}),$$

where the first equation updates *q*, and the second updates *p*.

Examples. Consider a Lagrangian of the form $L(q, \dot{q}) = \frac{1}{2}\dot{q}^T M \dot{q} - V(q)$, where $Q = \mathbb{R}^d$, M is a constant $d \times d$ mass matrix, and $V: Q \to \mathbb{R}$ is a potential. If we use linear interpolation of q with trapezoidal quadrature to approximate the contribution of V to the action integral, we get

$$L_{h}^{\mathrm{trap}}(q_{n},q_{n+1}) = \frac{h}{2} \left(\frac{q_{n+1}-q_{n}}{h} \right)^{T} M\left(\frac{q_{n+1}-q_{n}}{h} \right) - h \frac{V(q_{n}) + V(q_{n+1})}{2},$$

which we call the *trapezoidal discrete Lagrangian*. It is straightforward to see that the discrete Euler–Lagrange equations for L_h^{trap} correspond to the explicit Störmer/Verlet method. Alternatively, if we use midpoint quadrature to approximate the integral of the potential, this yields the

midpoint discrete Lagrangian,

$$L_{h}^{\text{mid}}(q_{n},q_{n+1}) = \frac{h}{2} \left(\frac{q_{n+1}-q_{n}}{h}\right)^{T} M\left(\frac{q_{n+1}-q_{n}}{h}\right) - hV\left(\frac{q_{n}+q_{n+1}}{2}\right),$$

for which the resulting integrator is the implicit midpoint method.

2. A VARIATIONAL IMEX METHOD

In this section, we show how to develop a variational integrator that combines aspects of the Störmer/Verlet and implicit midpoint methods mentioned above. The main idea is that, given a splitting of the potential energy into fast and slow components, we define the discrete Lagrangian by applying the midpoint quadrature rule to the fast potential and the trapezoidal quadrature rule to the slow potential. The resulting variational integrator is implicit in the fast force and explicit in the slow force. After this, we focus on the specific case of highly oscillatory problems, where the fast potential is quadratic (corresponding to a linear fast force). In this case, we show that the IMEX integrator can be understood as Störmer/Verlet with a modified mass matrix.

It should be noted that the results in this section can also be verified directly in terms of the numerical algorithm, and do not strictly require making use of the Lagrangian variational structure. However, we find the variational perspective to be useful and illustrative, both in arriving at this particular IMEX algorithm and in interpreting its numerical features.

2.1. The IMEX Discrete Lagrangian and Equations of Motion. Suppose that we have a Lagrangian of the form $L(q, \dot{q}) = \frac{1}{2}\dot{q}^T M \dot{q} - U(q) - W(q)$, where *U* is a slow potential and *W* is a fast potential, for the configuration space $Q = \mathbb{R}^d$. Then define the *IMEX discrete Lagrangian*

$$L_{h}^{\text{IMEX}}(q_{n},q_{n+1}) = \frac{h}{2} \left(\frac{q_{n+1}-q_{n}}{h}\right)^{T} M\left(\frac{q_{n+1}-q_{n}}{h}\right) - h \frac{U(q_{n})+U(q_{n+1})}{2} - h W\left(\frac{q_{n}+q_{n+1}}{2}\right),$$

using (explicit) trapezoidal approximation for the slow potential and (implicit) midpoint approximation for the fast potential. The discrete Euler–Lagrange equations give the two-step variational integrator on $Q \times Q$

$$q_{n+1} - 2q_n + q_{n-1} = -h^2 M^{-1} \left[\nabla U(q_n) + \frac{1}{2} \nabla W\left(\frac{q_{n-1} + q_n}{2}\right) + \frac{1}{2} \nabla W\left(\frac{q_n + q_{n+1}}{2}\right) \right],$$

and the corresponding discrete Legendre transform is given by

$$p_{n} = M\left(\frac{q_{n+1}-q_{n}}{h}\right) + \frac{h}{2}\nabla U(q_{n}) + \frac{h}{2}\nabla W\left(\frac{q_{n}+q_{n+1}}{2}\right),$$

$$p_{n+1} = M\left(\frac{q_{n+1}-q_{n}}{h}\right) - \frac{h}{2}\nabla U(q_{n+1}) - \frac{h}{2}\nabla W\left(\frac{q_{n}+q_{n+1}}{2}\right).$$

To see how this translates into an algorithm for a one-step integrator on T^*Q , it is helpful to introduce the intermediate stages

$$p_n^+ = p_n - \frac{h}{2} \nabla U(q_n), \qquad p_{n+1}^- = p_{n+1} + \frac{h}{2} \nabla U(q_{n+1}).$$

Substituting these into the previous expression and rearranging yields the algorithm

Step 1:
$$p_n^+ = p_n - \frac{h}{2} \nabla U(q_n),$$

Step 2:
$$\begin{cases} q_{n+1} = q_n + hM^{-1} \left(\frac{p_n^+ + p_{n+1}^-}{2} \right), \\ p_{n+1}^- = p_n^+ - h\nabla W \left(\frac{q_n + q_{n+1}}{2} \right), \end{cases}$$
Step 3: $p_{n+1} = p_{n+1}^- - \frac{h}{2} \nabla U(q_{n+1}),$

where Step 2 corresponds to a step of the implicit midpoint method.

This can be summarized, in the style of impulse methods, as:

- (1) **kick:** explicit kick from *U* advances $(q_n, p_n) \mapsto (q_n, p_n^+)$,
- (2) **oscillate:** implicit midpoint method with *W* advances $(q_n, p_n^+) \mapsto (q_{n+1}, p_{n+1}^-)$,
- (3) **kick:** explicit kick from U advances $(q_{n+1}, p_{n+1}^-) \mapsto (q_{n+1}, p_{n+1})$.

In particular, notice that this reduces to the Störmer/Verlet method when $\nabla W \equiv 0$ and to the implicit midpoint method when $\nabla U \equiv 0$. Also, if the momentum p_n does not actually need to be recorded at the full time step (i.e., collocated with the position q_n), then Step 3 can be combined with Step 1 of the next iteration to create a staggered "leapfrog" method.

Interpretation as a Hamiltonian Splitting Method. This algorithm on T^*Q can also be interpreted as a fast-slow splitting method (McLachlan and Quispel, 2002; Hairer et al., 2006, II.5 and VIII.4.1) for the separable Hamiltonian H = T + U + W, where T is the kinetic energy, as follows. Let $\Phi_h^{T+W}: T^*Q \to T^*Q$ denote the numerical flow of the implicit midpoint method with time step size h, applied to the fast portion of the Hamiltonian T + W, and let $\varphi_h^U: T^*Q \to T^*Q$ be the exact Hamiltonian flow for the slow potential U (i.e., constant acceleration without displacement). Then the variational IMEX method has the flow map $\Psi_h: T^*Q \to T^*Q$, which can be written as the following composition of exact and numerical flows:

$$\Psi_h = \varphi_{h/2}^U \circ \Phi_h^{T+W} \circ \varphi_{h/2}^U.$$

This formulation highlights the fact that variational IMEX is symmetric (since it is a symmetric composition of symmetric methods) as well as symplectic (since it can be written as a composition of symplectic maps).

2.2. Application to Highly Oscillatory Problems. For highly oscillatory problems on $Q = \mathbb{R}^d$, we start by taking a quadratic fast potential

 $W(q) = \frac{1}{2}q^T \Omega^2 q, \qquad \Omega \in \mathbb{R}^{d \times d}$ symmetric and positive semidefinite.

A prototypical Ω is given by the block-diagonal matrix $\Omega = \begin{pmatrix} 0 & 0 \\ 0 & \omega I \end{pmatrix}$, where some of the degrees of freedom are subjected to an oscillatory force with constant fast frequency $\omega \gg 1$. We also denote the slow force $g(q) = -\nabla U(q)$ and assume, without loss of generality, that the constant mass

$$\ddot{q} + \Omega^2 q = g(q).$$

This is the conventional setup for highly oscillatory problems, used by Hairer et al. (2006, XIII) and others.

Applying the IMEX method to this example, we get the discrete Lagrangian

$$L_{h}^{\text{IMEX}}(q_{n},q_{n+1}) = \frac{h}{2} \left(\frac{q_{n+1}-q_{n}}{h} \right)^{T} \left(\frac{q_{n+1}-q_{n}}{h} \right) \\ -h \frac{U(q_{n})+U(q_{n+1})}{2} - h \left(\frac{q_{n}+q_{n+1}}{2} \right)^{T} \Omega^{2} \left(\frac{q_{n}+q_{n+1}}{2} \right),$$

and so the two-step IMEX scheme is given by the discrete Euler-Lagrange equations

$$q_{n+1}-2q_n+q_{n-1}+\frac{h^2}{4}\Omega^2(q_{n+1}+2q_n+q_{n-1})=h^2g(q_n).$$

Combining terms, we can rewrite this as

$$\left[I + \frac{h^2}{4}\Omega^2\right] (q_{n+1} - 2q_n + q_{n-1}) + h^2 \Omega^2 q_n = h^2 g(q_n),$$

which is equivalent to Störmer/Verlet with a modified mass matrix $I + (h\Omega/2)^2$. This equivalence can similarly be shown to hold for the one-step formulation of the IMEX scheme on T^*Q —that is, the two methods also produce the same p_n , as well as the same q_n .

In fact, this correspondence between IMEX and a modified Störmer/Verlet method is true not just in the discrete Euler–Lagrange equations, but in the discrete Lagrangian itself. This follows immediately from the following proposition.

Proposition 2.1. Suppose we have a Lagrangian $L(q,\dot{q}) = \frac{1}{2}\dot{q}^T M \dot{q} - \frac{1}{2}q^T \Omega^2 q$ and its corresponding midpoint discrete Lagrangian L_h^{mid} . Next, define the modified Lagrangian $\tilde{L}(q,\dot{q}) = \frac{1}{2}\dot{q}^T \tilde{M} \dot{q} - \frac{1}{2}q^T \Omega^2 q$, having the same quadratic potential but a different mass matrix \tilde{M} , and take its trapezoidal discrete Lagrangian \tilde{L}_h^{trap} . Then $L_h^{mid} \equiv \tilde{L}_h^{trap}$ when $\tilde{M} = M + (h\Omega/2)^2$.

Proof. The midpoint discrete Lagrangian is given by

$$L_{h}^{\text{mid}}(q_{n},q_{n+1}) = \frac{h}{2} \left(\frac{q_{n+1}-q_{n}}{h}\right)^{T} M\left(\frac{q_{n+1}-q_{n}}{h}\right) - \frac{h}{2} \left(\frac{q_{n}+q_{n+1}}{2}\right)^{T} \Omega^{2}\left(\frac{q_{n}+q_{n+1}}{2}\right).$$

Now, notice that we can rearrange the terms

$$-\left(\frac{q_{n}+q_{n+1}}{2}\right)^{T}\Omega^{2}\left(\frac{q_{n}+q_{n+1}}{2}\right) = \left(\frac{q_{n+1}-q_{n}}{2}\right)^{T}\Omega^{2}\left(\frac{q_{n+1}-q_{n}}{2}\right) - \frac{1}{2}q_{n}^{T}\Omega^{2}q_{n} - \frac{1}{2}q_{n+1}^{T}\Omega^{2}q_{n+1}$$
$$= \left(\frac{q_{n+1}-q_{n}}{h}\right)^{T}\left(\frac{h\Omega}{2}\right)^{2}\left(\frac{q_{n+1}-q_{n}}{h}\right) - \frac{1}{2}q_{n}^{T}\Omega^{2}q_{n} - \frac{1}{2}q_{n+1}^{T}\Omega^{2}q_{n+1}$$

Therefore the discrete Lagrangian can be written in the trapezoidal form

$$L_{h}^{\text{mid}}\left(q_{n},q_{n+1}\right) = \frac{h}{2} \left(\frac{q_{n+1}-q_{n}}{h}\right)^{T} \left[M + \left(\frac{h\Omega}{2}\right)^{2}\right] \left(\frac{q_{n+1}-q_{n}}{h}\right) - \frac{h}{2} \left(\frac{1}{2}q_{n}^{T}\Omega^{2}q_{n} + \frac{1}{2}q_{n+1}^{T}\Omega^{2}q_{n+1}\right),$$

which is precisely $\tilde{L}_{h}^{\text{trap}}\left(q_{n},q_{n+1}\right)$ when $\tilde{M} = M + (h\Omega/2)^{2}.$

Corollary 2.2. Consider a highly oscillatory system with an arbitrary slow potential U, quadratic fast potential $W(q) = \frac{1}{2}q^T\Omega^2 q$, and constant mass matrix M = I, so that the Lagrangian L and IMEX discrete Lagrangian L_h^{IMEX} are defined as above. Next, take the modified Lagrangian \tilde{L} with the same potentials but different mass matrix \tilde{M} . Then $L_h^{IMEX} \equiv \tilde{L}_h^{trap}$ when $\tilde{M} = I + (h\Omega/2)^2$.

2.3. **Analysis of Linear Resonance Stability.** To study the linear resonance stability of this IMEX integrator, we consider a model problem where *U* and *W* both correspond to linear oscillators. Let $U(q) = \frac{1}{2}q^Tq$ and $W(q) = \frac{1}{2}q^T\Omega^2 q$, where $\Omega = \omega I$ for some $\omega \gg 1$, and again let the mass matrix M = I. Although this is something of a "toy problem"—obviously, one could simply combine *U* and *W* into a single quadratic potential $\frac{1}{2}(1 + \omega^2)q^Tq$ —it is illustrative for studying the numerical resonance of multiple-time-stepping methods, since the system has no external forcing terms and hence no real *physical* resonance.

To prove that the IMEX method does not exhibit linear resonance instability, we show that the stability condition only requires that the time step be stable for the explicit slow force, and is independent of the fast frequency ω . The idea of the proof is to use the results from Section 2.2, showing that the IMEX method is equivalent to Störmer/Verlet with a modified mass matrix, and then to apply the well-known stability criteria for Störmer/Verlet.

In particular, for a harmonic oscillator with unit mass and frequency v, the Störmer/Verlet method is linearly stable if and only if $|hv| \le 2$, as can be shown by a straightforward calculation of the eigenvalues of the propagation matrix (Hairer et al., 2006, p. 23). For a system with constant mass m and spring constant v^2 , this condition generalizes to $h^2v^2 \le 4m$.

Theorem 2.3. The IMEX method is linearly stable, for the system described above, if and only if $h \le 2$ (i.e., if and only if h is a stable time step size for the slow oscillator alone).

Proof. As proved in the previous section, the IMEX method for this system is equivalent to Störmer/Verlet with the modified mass matrix $I + (h\Omega/2)^2$. Now, this modified oscillatory system has constant mass $m = 1 + (h\omega/2)^2$ and spring constant $v^2 = 1 + \omega^2$. Therefore, the necessary and sufficient condition for linear stability is

$$h^2\left(1+\omega^2\right) \le 4\left(1+\frac{h^2}{4}\omega^2\right),$$

and since the $h^2\omega^2$ terms cancel on both sides, this is equivalent to $h^2 \leq 4$, or $h \leq 2$.

This shows that, in contrast to multiple-time-stepping methods, the IMEX method does not exhibit linear resonance instability. In particular, one can interpret the modified mass matrix as giving the system an effective frequency of $\sqrt{(1+\omega^2)/(1+(h\omega/2)^2)}$, which attenuates the destabilizing high frequencies in the original system. It should be noted that *nonlinear* instability is known to be possible for the implicit midpoint method, although even that can be avoided with a time step size restriction that is considerably weaker than that required for explicit methods (see Ascher and Reich, 1999a).



Figure 1: Maximum energy error of r-RESPA and variational IMEX, integrated over the time interval [0, 1000] for a range of parameters ω . The r-RESPA method exhibits resonance instability near integer values of $\omega h/\pi$, while the variational IMEX method remains stable.

3. NUMERICAL EXPERIMENTS

3.1. **Coupled Linear Oscillators.** To illustrate the numerical resonance behavior of the variational IMEX scheme, as compared with a multiple-time-stepping method, we consider the model problem from Section 2.3 for dimension d = 1 (i.e., $Q = \mathbb{R}$). Figure 1 shows a log plot of the maximum absolute error in total energy (i.e., the Hamiltonian) for both r-RESPA and the variational IMEX method, for a range of frequencies ω . MATLAB simulations were performed over the time interval [0, 1000], with fixed time step size h = 0.1, and with the normalized frequency $\omega h/\pi$ ranging over (0, 4.5]. Additionally, to fully resolve the fast oscillations, r-RESPA took 100 fast substeps of size h/100 = 0.001 for each full time step of size h.

The r-RESPA method exhibits "spikes" in the total energy error near integer values of $\omega h/\pi$, corresponding to the parameters where resonance instability develops and the numerical solution becomes unbounded. (The finite size of these spikes is due to the fact that the numerical simulation was run only for a finite interval of time. Interestingly, one also sees "negative spikes," where the fast and slow oscillations are exactly out-of-phase and cancel one another.) It should be noted that the small substep size of r-RESPA is sufficient for stable integration of the fast force alone; it is only the introduction of the slow force that makes things unstable. By contrast, the maximum energy error for the variational IMEX method is nearly constant for all values of ω , showing no sign of resonance. This is fully consistent with the theoretical result obtained in Theorem 2.3.

3.2. **The Fermi–Pasta–Ulam Problem.** As an example of a nontrivial highly oscillatory problem with nonlinear slow potential, we chose the modified Fermi–Pasta–Ulam (FPU) problem considered by Hairer et al. (2006, I.5 and XIII), whose treatment we will now briefly review. The FPU

problem consists of 2ℓ unit point masses, which are chained together, in series, by alternating weak nonlinear springs and stiff linear springs. (This particular setup is due to Galgani et al., 1992, and is a variant of the problem originally introduced by Fermi et al., 1955.) Clearly, this system becomes rather trivial if we make the stiff springs "infinitely stiff," replacing them by rigid constraints (as done by some numerical methods, such as SHAKE/RATTLE). However, for finite stiffness, the FPU system exhibits interesting dynamics due to the coupling between fast and slow springs.

Let us denote the displacements of the point masses by $q_1, \ldots, q_{2\ell} \in \mathbb{R}$ (where the endpoints $q_0 = q_{2\ell+1} = 0$ are taken to be fixed), and their conjugate momenta by $p_i = \dot{q}_i$ for $i = 1, \ldots, 2\ell$. In these variables, the FPU system has the Hamiltonian

$$H(q,p) = \frac{1}{2} \sum_{i=1}^{\ell} \left(p_{2i-1}^2 + p_{2i}^2 \right) + \frac{\omega^2}{4} \sum_{i=1}^{\ell} \left(q_{2i} - q_{2i-1} \right)^2 + \sum_{i=0}^{\ell} \left(q_{2i+1} - q_{2i} \right)^4,$$

which contains a quadratic potential for the ℓ stiff linear springs, each with frequency ω , and a quartic potential for the $\ell + 1$ soft nonlinear (cubic) springs. However, it is helpful to perform the coordinate transformation (following Hairer et al., 2006, p. 22)

$$x_{0,i} = \frac{q_{2i} + q_{2i-1}}{\sqrt{2}}, \qquad x_{1,i} = \frac{q_{2i} - q_{2i-1}}{\sqrt{2}},$$
$$y_{0,i} = \frac{p_{2i} + p_{2i-1}}{\sqrt{2}}, \qquad y_{1,i} = \frac{p_{2i} - p_{2i-1}}{\sqrt{2}},$$

so that (modulo rescaling) $x_{0,i}$ corresponds to the location of the *i*th stiff spring's center, $x_{1,i}$ corresponds to its length, and $y_{0,i}$, $y_{1,i}$ are the respective conjugate momenta. Writing the Hamiltonian in these new variables, we have

$$H(x,y) = \frac{1}{2} \sum_{i=1}^{\ell} \left(y_{0,i}^2 + y_{1,i}^2 \right) + \frac{\omega^2}{2} \sum_{i=1}^{\ell} x_{1,i}^2 + \frac{1}{4} \left[\left(x_{0,1} - x_{1,1} \right)^4 + \sum_{i=1}^{\ell-1} \left(x_{0,i+1} - x_{1,i+1} - x_{0,i} - x_{1,i} \right)^4 + \left(x_{0,\ell} + x_{1,\ell} \right)^4 \right],$$

which considerably simplifies the form of the fast quadratic potential.

Following the example treated numerically by Hairer et al. (2006); McLachlan and O'Neale (2007), we consider an instance of the FPU problem, integrated over the time interval [0,200], with parameters $\ell = 3$, $\omega = 50$, whose initial conditions are

$$x_{0,1}(0) = 1$$
, $y_{0,1}(0) = 1$, $x_{1,1}(0) = \omega^{-1}$, $y_{1,1}(0) = 1$,

with zero for all other initial values. This displays an interesting and complex property of the FPU problem, called *slow energy exchange*, which results from the slow nonlinear coupling between the stiff springs. If we consider only the energies in the stiff springs, written as

$$I_j(x_{1,j}, y_{1,j}) = \frac{1}{2} \left(y_{1,j}^2 + \omega^2 x_{1,j}^2 \right), \qquad j = 1, 2, 3$$

then the initial conditions start with all of the energy in I_1 and none in I_2 , I_3 . Over the course of the time interval, this energy is transferred in a characteristic way from I_1 to I_3 , gradually transitioning



Figure 2: The IMEX method robustly captures slow energy exchange in the Fermi–Pasta–Ulam problem with $\omega = 50$, even for large time steps. Because the fast force is integrated implicitly, IMEX remains stable and degrades gradually as the time step size increases—unlike the fully explicit Störmer/Verlet method, which rapidly becomes unstable.

through the middle spring I_2 . Furthermore, the total stiff energy $I = I_1 + I_2 + I_3$ remains nearly constant, i.e., is an adiabatic invariant of the system.

Figure 2 shows several numerical simulations of this FPU energy exchange, computed both with Störmer/Verlet and with the variational IMEX method, for different choices of time step size. The first plot is a reference solution, computed using Störmer/Verlet with h = 0.001, fully resolving the fast oscillations. However, we see that the Störmer/Verlet solution's quality and stability degrade rapidly as we increase the step size (for h = 0.03, we have $h\omega = 1.5$, which is near



Figure 3: Numerical simulation of the FPU problem for T = 4000, which shows the behavior of the IMEX method on the ω^2 scale. For h = 0.1, we already have $h\omega = 5$, yet the oscillatory behavior and adiabatic invariant are qualitatively correct. By contrast, for h = 0.3, the method has begun to blow up; oscillatory coupling is a drawback of implicit midpoint methods for large time steps.

the upper end of the stability region $|h\omega| \le 2$). By contrast, the variational IMEX method performs extremely well for h = 0.03-0.15, degrading gradually as the time step size increases. Even as the numerical solution begins to undergo serious degradation for h = 0.2-0.3, the qualitative structure of the energy exchange behavior between I_1 , I_2 , I_3 is still maintained. Compare Hairer et al., 2006, p. 24, Figure 5.3; see also McLachlan and O'Neale, 2007, who examine a wide variety of geometric integrators, particularly trigonometric integrators, for the FPU problem, with respect to both resonance stability and slow energy exchange. In particular, these authors found that the existing trigonometric integrators exhibit a trade-off between correct energy exchange behavior and resonance stability, and that these features tend to be mutually exclusive.

In Figure 3 we show the numerical behavior of the variational IMEX method, applied to this same FPU problem, on a longer time scale (T = 4000) and for large time steps (h = 0.1, 0.3). At h = 0.1, the IMEX simulation still displays the correct qualitative energy behavior, with respect to both the slow energy exchange and the adiabatic invariant I, and the numerical solution remains bounded. However, by h = 0.3, numerical stability has broken down, as oscillatory coupling in the fast modes leads to unbounded amplitude growth. This illustrates one of the drawbacks of implicit midpoint-type methods: despite the lack of linear resonances, numerical instability can still result for very large time steps due to nonlinear coupling (Ascher and Reich, 1999a,b).

This example was chosen to demonstrate that the variational IMEX method does not attain its stability merely by "smoothing out" the fast frequencies, in a way that might destroy the structure of any fast-slow nonlinear coupling. Rather, despite the fact that it does not resolve the fast frequencies, the method is still capable of capturing the complex multiscale interactions seen in the FPU problem.

4. ANALYSIS OF SLOW ENERGY EXCHANGE IN THE IMEX METHOD

In the previous section, the numerical experiments for the Fermi–Pasta–Ulam problem seemed to suggest that the variational IMEX method preserves the slow energy exchange between the fast oscillatory modes. This is somewhat surprising, since the method does not actually resolve these fast oscillations. However, in this section, we will prove that, in fact, this method *does* accurately reproduce the slow energy exchange behavior, as long as the numerical solutions remain bounded. This is demonstrated by showing that the variational IMEX method can be understood as a *modified impulse method*; that is, the midpoint step exactly resolves the oscillations of some modified differential equation. We can then apply some of the existing theory about numerical energy exchange for impulse methods. (It should be noted that impulse methods, which originated with the work of Deuflhard, 1979, can be understood as a special case of trigonometric integrators when applied to highly oscillatory problems.)

First, let us rewrite the fast oscillatory system $\ddot{q} + \Omega^2 q = 0$ as the first-order system

$$\begin{pmatrix} \Omega \dot{q} \\ \dot{p} \end{pmatrix} = \begin{pmatrix} 0 & \Omega \\ -\Omega & 0 \end{pmatrix} \begin{pmatrix} \Omega q \\ p \end{pmatrix},$$

so it follows that the exact solution satisfies

$$\begin{pmatrix} \Omega q(t+h) \\ p(t+h) \end{pmatrix} = \begin{pmatrix} \cos(h\Omega) & \sin(h\Omega) \\ -\sin(h\Omega) & \cos(h\Omega) \end{pmatrix} \begin{pmatrix} \Omega q(t) \\ p(t) \end{pmatrix}$$

We will now show that the implicit midpoint method effectively replaces this rotation matrix for Ω by the rotation matrix corresponding to a modified $\tilde{\Omega}$. In the transformed coordinates just introduced, the implicit midpoint method has the expression

$$\begin{pmatrix} I & -h\Omega/2 \\ h\Omega/2 & I \end{pmatrix} \begin{pmatrix} \Omega q_{n+1} \\ p_{n+1} \end{pmatrix} = \begin{pmatrix} I & h\Omega/2 \\ -h\Omega/2 & I \end{pmatrix} \begin{pmatrix} \Omega q_n \\ p_n \end{pmatrix}$$

Therefore, if we take the skew matrix

$$A = \begin{pmatrix} 0 & \Omega \\ -\Omega & 0 \end{pmatrix},$$

it follows that

$$\binom{\Omega q_{n+1}}{p_{n+1}} = (I - hA/2)^{-1} (I + hA/2) \binom{\Omega q_n}{p_n}.$$

Notice that the expression $(I - hA/2)^{-1}(I + hA/2) = cay(hA)$ is the *Cayley transform*, which maps skew matrices to special orthogonal matrices (and can be seen as an approximation to the matrix exponential map, which gives the exact solution). Hence the stability matrix is special orthogonal, so we can write

$$\begin{pmatrix} \Omega q_{n+1} \\ p_{n+1} \end{pmatrix} = \begin{pmatrix} \cos\left(h\tilde{\Omega}\right) & \sin\left(h\tilde{\Omega}\right) \\ -\sin\left(h\tilde{\Omega}\right) & \cos\left(h\tilde{\Omega}\right) \end{pmatrix} \begin{pmatrix} \Omega q_n \\ p_n \end{pmatrix}$$

for some modified frequency $\tilde{\Omega}$. Therefore, the stability matrix for the implicit midpoint method corresponds to the *exact* flow matrix for a modified oscillatory system.

As an example, suppose we have $\Omega = \begin{pmatrix} 0 & 0 \\ 0 & \omega I \end{pmatrix}$ for some constant frequency ω . Applying the Cayley transform, it can be seen that the modified frequency $\tilde{\omega}$ satisfies

$$h\omega/2 = \tan(h\tilde{\omega}/2)$$
.

Squaring both sides, this becomes

$$(h\omega/2)^2 = \tan^2(h\tilde{\omega}/2) = \frac{1 - \cos(h\tilde{\omega})}{1 + \cos(h\tilde{\omega})}$$

which finally gives the solution for the modified frequency,

$$\tilde{\omega} = \frac{1}{h} \arccos\left(\frac{1 - (h\omega/2)^2}{1 + (h\omega/2)^2}\right)$$

Remark. This perspective provides another explanation as to why the variational IMEX method does not exhibit resonance: we always have $h\tilde{\omega} < \pi$. In fact, the Cayley transform does not map to a rotation by π , except in the limit as $h\omega \rightarrow \infty$. Therefore, for any finite h and ω , we will never encounter the resonance points corresponding to integer multiples of π .

As an aside, this also leads to another possible interpretation for the onset of nonlinear instability, if the time step size *h* becomes too large (as we saw in Figure 3). Since $\tilde{\omega} < \pi/h$, the modified frequency $\tilde{\omega}$ must shrink as *h* grows. Informally, then, if $\tilde{\omega}$ is very small, this can be seen as leading to amplitude growth in the fast modes, since it requires less energy to induce this amplification.

Since the implicit midpoint method has now been seen as the exact solution of a modified system, we can write the variational IMEX method as the following modified impulse scheme:

Step 1:
$$p_n^+ = p_n - \frac{h}{2} \nabla U(q_n)$$
,
Step 2: $\begin{pmatrix} \Omega q_{n+1} \\ p_{n+1}^- \end{pmatrix} = \begin{pmatrix} \cos(h\tilde{\Omega}) & \sin(h\tilde{\Omega}) \\ -\sin(h\tilde{\Omega}) & \cos(h\tilde{\Omega}) \end{pmatrix} \begin{pmatrix} \Omega q_n \\ p_n^+ \end{pmatrix}$,*
Step 3: $p_{n+1} = p_{n+1}^- - \frac{h}{2} \nabla U(q_{n+1})$.

Suppose again that $\Omega = \begin{pmatrix} 0 & 0 \\ 0 & \omega I \end{pmatrix}$ for some constant frequency ω , and likewise $\tilde{\Omega} = \begin{pmatrix} 0 & 0 \\ 0 & \omega I \end{pmatrix}$. (This includes the case of the FPU problem.) The slow energy exchange behavior of this system was analyzed in detail by Hairer et al. (2006, XIII, see especially p. 495) using the so-called *modulated Fourier expansion*; we now give a brief, high-level summary of this work. In the notation of Hairer et al., the exact solution is asymptotically expanded as $x_*(t) \sim q(t)$, where

$$x_*(t) = y(t) + e^{i\omega t}z(t) + e^{-i\omega t}\bar{z}(t).$$

$$\begin{pmatrix} q_{n+1} \\ p_{n+1}^- \end{pmatrix} = \begin{pmatrix} \cos\left(h\tilde{\Omega}\right) & h/2\left(1+\cos\left(h\tilde{\Omega}\right)\right) \\ -2/h\left(1-\cos\left(h\tilde{\Omega}\right)\right) & \cos\left(h\tilde{\Omega}\right) \end{pmatrix} \begin{pmatrix} q_n \\ p_n^+ \end{pmatrix},$$

which is seen to recover the correct, purely kinematic equation when $\Omega = \tilde{\Omega} = 0$.

^{*}Note that although Step 2 might appear to be ill-defined, due to the fact that Ω is possibly singular, the singularity can be removed by substituting the relation $h\Omega/2 = \tan(h\tilde{\Omega}/2)$. The explicit equation for q_{n+1} and p_{n+1}^- is then calculated to be

Here, y(t) is a smooth real-valued function and z(t) is a smooth complex-valued function, and these can be partitioned according to the blocks of Ω as $y = (y_0, y_1)$ and $z = (z_0, z_1)$. They show that, assuming the exact solution has energy bounded independent of ω , this implies $z(t) = \mathcal{O}(\omega^{-1})$, so z describes the slow-scale evolution of the system. Plugging in this ansatz for a highly oscillatory system, and eliminating the variables y_1 and z_0 , the slow evolution turns out to be described by

$$2i\omega \dot{z}_1 = \frac{\partial g_1}{\partial x_1} (y_0, 0) z_1 + \mathcal{O} (\omega^{-3})$$

where here the slow force $g(q) = -\nabla U(q)$ has also been block-decomposed as $g = (g_0, g_1)$.

Hairer et al. compare the above with the numerical solution for a trigonometric integrator, which is similarly expanded as

$$x_h(t) = y_h(t) + e^{i\omega t} z_h(t) + e^{-i\omega t} \bar{z}_h(t),$$

with $y_h = (y_{h,0}, y_{h,1})$ and $z_h = (z_{h,0}, z_{h,1})$. For the unmodified Deuflhard/impulse method, in particular, the slow-scale numerical evolution is given by

$$2i\omega \dot{z}_{h,1} = \frac{\partial g_1}{\partial x_1} (y_{h,0}, 0) z_{h,1} + \mathcal{O}(\omega^{-3}),$$

which implies that the equation for the impulse solution $z_{h,1}$ is consistent with that for z_1 .

We now finally have what we need to prove our main result on the slow energy exchange behavior of the variational IMEX method.

Theorem 4.1. Let the variational IMEX method be applied to the highly oscillatory problem above, and suppose the numerical solution remains bounded. Then the ordinary differential equation for $\tilde{z}_{h,1}$, describing the slow energy exchange in the numerical solution, is consistent with that for z_1 in the exact solution; this holds up to order $\mathcal{O}(\omega^{-3})$.

Proof. As we have previously shown, the IMEX scheme corresponds to a modified impulse method with frequency $\tilde{\omega}$. Therefore, to get the equation for $\tilde{z}_{h,1}$, we must modify the equation above for $z_{h,1}$ by replacing ω with $\tilde{\omega}$ on the left hand side. However, notice that Step 2 of the modified method advances the *original* state vector $\begin{pmatrix} \Omega q_n \\ p_n \end{pmatrix}$, rather than the modified $\begin{pmatrix} \tilde{\Omega} q_n \\ p_n \end{pmatrix}$. Changing from $\begin{pmatrix} \Omega q_n \\ p_n \end{pmatrix}$ to $\begin{pmatrix} \tilde{\Omega} q_n \\ p_n \end{pmatrix}$ also introduces a scaling factor of $\tilde{\omega}/\omega$ on the right hand side. Therefore, the variational IMEX solution satisfies the slow-scale equation

$$2i\tilde{\omega}\dot{\tilde{z}}_{h,1} = \frac{\tilde{\omega}}{\omega}\frac{\partial g_1}{\partial x_1}\left(\tilde{y}_{h,0},0\right)\tilde{z}_{h,1} + \mathcal{O}\left(\omega^{-4}\tilde{\omega}\right).$$

Finally, cancelling the $\tilde{\omega}$ factors and multiplying by ω , we once again get

$$2i\omega \dot{\bar{z}}_{h,1} = \frac{\partial g_1}{\partial x_1} \left(\tilde{y}_{h,0}, 0 \right) \tilde{z}_{h,1} + \mathcal{O} \left(\omega^{-3} \right),$$

which is the same as that for the coefficient $z_{h,1}$ in the original, unmodified impulse method. This completes the proof.

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